

SE LONDON WINTER CHAMPIONSHIPS 2021 QUALIFYING TIMES

Men Long Course			
Distance	Stroke	Junior	Senior
50	Back	33.00	32.19
100	Back	1:12.56	1:09.10
200	Back	2:37.29	2:33.00
50	Breast	36.57	36.57
100	Breast	1:19.70	1:17.71
200	Breast	2:51.05	2:51.05
50	Fly	30.66	29.20
100	Fly	1:08.25	1:05.00
200	Fly	2:30.05	2:30.05
50	Free	28.32	26.97
100	Free	1:01.15	59.48
200	Free	2:14.71	2:09.80
400	Free	4:47.49	4:37.00
1500	Free	18:40.67	18:23.00
200	IM	2:32.57	2:25.30
400	IM	5:22.56	5:15.00

Men Short Course			
Distance	Stroke	Junior	Senior
50	Back	32.40	31.60
100	Back	1:11.40	1:07.90
200	Back	2:35.20	2:30.80
50	Breast	35.70	35.70
100	Breast	1:18.10	1:16.10
200	Breast	2:47.90	2:47.90
50	Fly	30.00	28.50
100	Fly	1:07.10	1:03.80
200	Fly	2:27.90	2:27.90
50	Free	27.60	26.20
100	Free	59.80	58.10
200	Free	2:12.10	2:07.10
400	Free	4:42.60	4:31.90
1500	Free	18:22.10	18:04.10
100	IM	1:07.70	1:04.10
200	IM	2:30.00	2:22.60
400	IM	5:17.10	5:09.40

Women Long Course			
Distance	Stroke	Junior	Senior
50	Back	34.34	34.34
100	Back	1:15.39	1:15.39
200	Back	2:40.65	2:40.65
50	Breast	39.06	39.06
100	Breast	1:25.05	1:25.05
200	Breast	3:06.06	3:06.06
50	Fly	32.55	31.92
100	Fly	1:12.45	1:12.45
200	Fly	2:45.16	2:45.16
50	Free	30.00	29.70
100	Free	1:05.00	1:04.91
200	Free	2:20.50	2:20.00
400	Free	4:59.25	4:57.67
800	Free	10:12.00	10:11.50
200	IM	2:40.65	2:39.22
400	IM	5:46.19	5:46.19

Women Short Course			
Distance	Stroke	Junior	Senior
50	Back	33.80	33.80
100	Back	1:14.30	1:14.30
200	Back	2:38.60	2:38.60
50	Breast	38.20	38.20
100	Breast	1:23.60	1:23.60
200	Breast	3:03.20	3:03.20
50	Fly	32.00	31.30
100	Fly	1:11.40	1:11.40
200	Fly	2:43.20	2:43.20
50	Free	29.30	29.00
100	Free	1:03.70	1:03.60
200	Free	2:18.00	2:17.50
400	Free	4:54.50	4:52.90
800	Free	10:02.50	10:02.00
100	IM	1:13.00	1:11.80
200	IM	2:38.20	2:36.70
400	IM	5:41.10	5:41.10